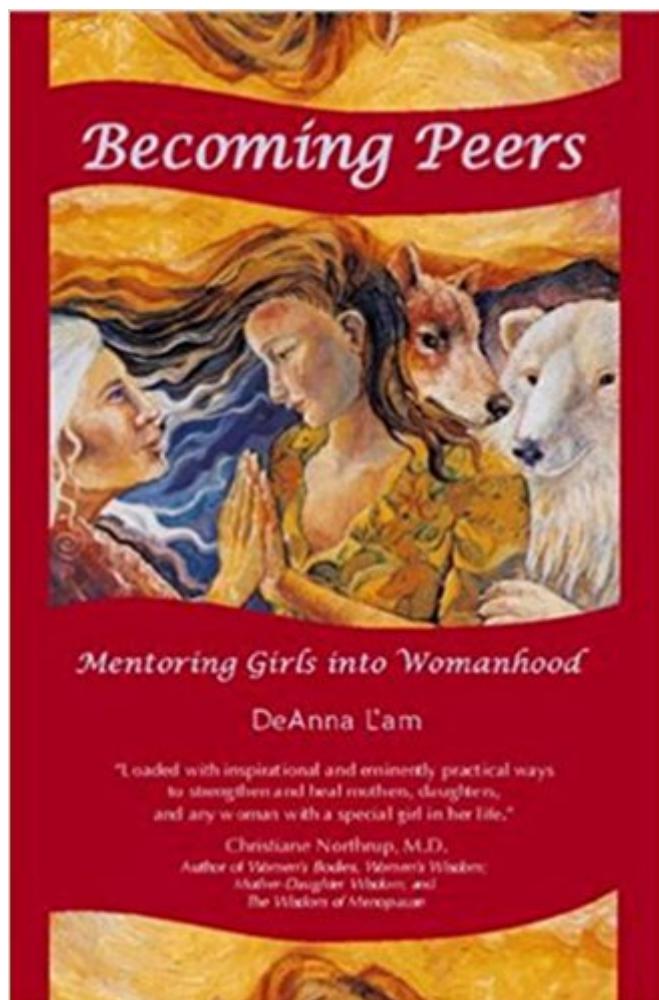


The book was found

Becoming Peers: Mentoring Girls Into Womanhood



Synopsis

An inspirational guide for mothers, grandmothers, stepmothers, aunts, or any woman wishing to nurture a girl through her coming of age (while empowering herself!) This book provides practical guidelines for mentoring a girl into womanhood. It offers creative ceremonies and activities designed to honor a girl's transition and call her to new levels of maturity. At the same time, it presents the adult woman/mentor with powerful tools for enhancing her inner and outer life. The book is motivated by the belief that for a girl to enter womanhood in a meaningful way, it is essential that her mother and other special women in her life cultivate a new way of relating that will gradually help her to become their peer.

Book Information

Paperback: 168 pages

Publisher: Red Moon Publishing; 1st edition (August 1, 2007)

Language: English

ISBN-10: 0979351804

ISBN-13: 978-0979351808

Product Dimensions: 8.8 x 6.8 x 0.6 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #1,051,353 in Books (See Top 100 in Books) #8 inÂ Books > Health, Fitness & Dieting > Women's Health > Menstruation

Customer Reviews

Becoming Peers is a wonderful and much-needed book for anyone who is an elder or mother to girls. There are no road maps today for how to help girls transition to womanhood in a meaningful and concrete way, so this book fills in a huge gap. DeAnna L'am provides easy-to-do and exciting activities that girls and women can engage in together that truly lead to the enhancement of a girl's self-esteem and her passage into greater maturity. I was stunned to see the degree to which the special girl in my life did a turnaround after she was lovingly embraced in ceremony by older women. Ceremony really works, yet it's so easy to overlook that fact because most of our supposedly spiritual rituals have lost their meaning. I also love how DeAnna has women make it a priority to take care of themselves first and quench their own thirst for healing and ceremony as a means of preparing for a girl's rite of passage. This is a must-read for anyone who wants to help girls thrive.

A great addition to the few books on the rite of passage of girls into womanhood. It contains useful insights and ideas for women of all ages trying to come to terms with their monthly cycle and how to help a new generation of girls embrace their own moon time.

DeAnna L'am offers an expanded panorama of 'coming of age' and multi-cultural 'right of passage' for girls becoming maidens and becoming woman. Do you truly celebrate all that you are and all that you have been? Venture to peek at the divine feminine through the wisdom of woman throughout the ages from many cultures melded to enlighten and empower you, and the maidens in your life.

What a gift this book is to all women of today, and tomorrow. The author brings out a "taboo" topic and turns it into a beautiful gift. She explains in easy to understand language how (and why) to welcome girls into womanhood. This is a great book for woman who has young girls in their lives, weather its friends or relatives.

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